



NEWSLETTER

Latest in Research

Hormone Replacement Therapy vs Bio-Identical Hormone Restoration Therapy

How it differs at the Medical Institute of Healthy Aging

“HRT” is commonly used to abbreviate Hormonal Replacement Therapy. It is the standard therapy description that is prescribed commonly for woman who have passed through menopause and can represent any combination of therapies to replace the hormones that are now deficient. It does not have to be the same hormones that one is losing, but can be a multitude of products, including but not limited to drugs that mimic the action of hormones, drugs that represent hormones from another species, or drugs that address a particular symptom of post-menopausal state, such as an anti-depressant.

“BHRT” is used to abbreviate Bio-identical Hormonal Restoration therapy. Bio-identical hormones are actual hormones that the human body has created or hormones that have been modified slightly but still have properties like the nascent hormone of the system. At MDIHA we take this even further with the idea that we are not replacing hormones but striving to restore the hormonal balance we had at a youthful state. Therefore, the “R” in BHRT represents RESTORATION at MDIHA, not replacement.

Introducing Kyzatrex: A New Oral Testosterone Treatment

We are excited to introduce Kyzatrex, a groundbreaking new oral testosterone therapy by Marius Pharmaceuticals, for male patients experiencing symptoms of low testosterone, also known as hypogonadism. FDA-approved Kyzatrex, offers a novel approach to testosterone restoration therapy (TRT), promising improved efficacy and convenience for those affected by this common condition.

Kyzatrex (testosterone undecanoate), is an innovative oral testosterone restoration therapy designed to help testosterone levels. Unlike traditional methods that require injections or topical applications, Kyzatrex only requires two oral doses in a day with food, making it a preferred option for many patients.

Clinical trials have demonstrated that Kyzatrex restores and stabilizes testosterone to its normal levels. Unlike other testosterone restoration therapy; like injectable depot testosterone which is associated with peak supra physiologic levels along with substantial increase in hemoglobin, and topical testosterone, where achieving physiologic levels may be difficult in some men, Kyzatrex offers a steady physiologic levels of testosterone with unique formulation of medication designed to utilize lymphatic absorption thus bypassing first pass metabolism in liver.

Kyzatrex represents a significant advancement in the field of testosterone restoration therapy. Its oral administration method stands to improve patient adherence and satisfaction, potentially transforming the management of hypogonadism.

Reference:

<https://www.medscape.com/viewarticle/944997>

<https://www.kyzatrex.com/why-kyzatrex/>

What's New?

Previ Virtual Hormone Management Program: Nurturing Balance from Within

Introducing our Virtual Hormone Restoration Program, designed to address the intricacies of hormonal imbalances that can impact your overall well-being. Led by our Board Certified Specialist in Healthy Aging Medicine, this program employs state-of-the-art diagnostics and personalized treatment plans to restore hormonal harmony. From optimizing energy levels to revitalizing mood and improving metabolic function, our Virtual Hormone Restoration Program is dedicated to enhancing your vitality and quality of life.



Walnut Creek (925) 979-0979

NAPA (707) 266-2277

Atherton (650) 779-7201



(925) 808-9630

Previ Virtual Weight Management

Previ Virtual Hormone Restoration